

NAME OF DEPARTMENT : SWASTHA VRITTA DEPARTMENT

SUBJECT : SWASTHA VRITTA

LIST OF EQUIPMENT AVAILABLE

CHARTS - 73

Sl No	Name of Equipment	Number Available	Remarks
1.	Padmasana and Padahastasana	01	
2.	Shirsasana	01	
3.	Shatkarma	01	
4.	Yogamudra	01	
5.	Shalabhasana, Ardashalabasana and Ardha Matsendrasana	01	
6.	Shad Chakra	01	
7.	Bhujangasana, Shalabasana, Dhanarasana, Mayurasana	01	
8.	Matsyasana, Bakasana	01	
9.	Sarvangasana, Halasana	01	
10.	Surya Namaskara	01	
11.	Shashankasana	01	
12.	Mayurasana	01	
13.	Pavan Muktasana	01	
14.	Makarasana	01	
15.	Paschimottanasana	01	
16.	Nasika Mudra	01	
17.	Sheetkari pranayama	01	
18.	Sheetali Pranayama	01	
19.	Bhramari pranayama	01	
20.	Chakrasana	01	
21.	Vajrasana	01	
22.	Gomukasana	01	
23.	Ardha kati chakrasana	01	
24.	Trikonasana	01	
25.	Ushtrasana	01	
26.	Pada Hastasana	01	
27.	Arda Matsyandrasana	01	
28.	Halasana	01	
29.	Siddhasana	01	
30.	Sarvangasana	01	
31.	Wall hangings (Asanas photo)	01	
32.	Wall hanging pranayam photos	01	
33.	Small pox	01	
34.	Temporary Methods of planning	01	
35.	Prevention of Diseases	01	
36.	Effects of Alcohol	01	
37.	Balanced diet and vitamins	01	
38.	Constituents of food	01	
39.	Health Rules	01	
40.	Clean Body	01	
41.	Tobaco and other habit forming Drugs	01	
42.	Clean water	01	
43.	Causes of Diseases	01	
44.	Our food (A)	01	
45.	Our Food (B)	01	

46.	AIDS	01	
47.	Food and Nutrition	01	
48.	Clean House	01	
49.	Cholera	01	
50.	Pathya Pathya Ahara	01	
51.	Hemant & Shisheer Rutucharya	01	
52.	Varsha Rutucharya	01	
53.	Vasant Rutucharya	01	
54.	Grishma Rutucharya	01	
55.	Sharad Rutucharya	01	
56.	Vitamin A,D,E,K & C	01	
57.	Vitamin B-complex	01	
58.	Swastha laxana & Dhatu samyata	01	
59.	Arogya linga & WHO Health definition	01	
60.	Rutu Chakra	01	
61.	Janapadodhwansa	01	
62.	Immunization schedule	01	
63.	STD's	01	
64.	Occupational Health Hazards	01	
65.	Disinfection	01	
66.	Dinacharya (A)	01	
67.	Dinacharya (B)	01	
68.	Long term Health effects of Alcohol	01	
69.	Effects of caffeine on Health	01	
70.	Ahara Dravya vargeekarana	01	
71.	Air pollution	01	
72.	Water resources	01	
73.	Modes of disease transmission	01	

MODELS - 68

SI No	Name of Equipment	Number Available	Remarks
1.	Sanitary Diary	01	
2.	Protected and closed well	01	
3.	Step well	01	
4.	Underground sewer	01	
5.	A Bore hole latrine	01	
6.	Soakage pit	01	
7.	Septic Tank	01	
8.	Siphon Trap (P Type)	01	
9.	Siphon Trap (S Type)	01	
10.	Slow sand filter	01	
11.	Bio Gas plant	01	
12.	Cross section of septic tank latrine	01	
13.	In sanitary well	01	
14.	Rapid sand Filter	01	
15.	Water closet (Indian)	01	
16.	Incinerator behive Type	01	
17.	Human Immuno deficiency virus	01	
18.	Vasectomy and Tubectomy	01	
19.	Vaccination Stages	01	
20.	Various Kinds of leprosy	01	
21.	Sanitary House	01	
22.	Tripot Method of water purification	01	
23.	Earth worm	01	
24.	Custard Apple	01	
25.	Pomegranate	02	
26.	Orange	02	
27.	Mango	06	
28.	Apple	02	
29.	Pappaya	01	
30.	Water melon	01	

31.	Guava	01	
32.	Lemon	01	
33.	Musk Melon	01	
34.	Banana	01	
35.	Bottle Gourd	01	
36.	Ridge Gourd	01	
37.	Snake Gourd	01	
38.	Bitter Gourd	01	
39.	Pumpkin	01	
40.	Tomato	01	
41.	Brinjal	01	
42.	Drum stick	01	
43.	Ladies finger	01	
44.	Onion	01	
45.	Raddish	01	
46.	Carrot	01	
47.	Cashew fruit	01	
48.	Capsicum	01	
49.	Sugar cane	01	
50.	Chilli	01	
51.	Fig	01	
52.	Cucumber	01	
53.	Ramphal	01	
54.	Grapes	01	
55.	Strawberry	01	
56.	Jambu Phala	01	
57.	Sweetline	01	
58.	Sapota	01	
59.	Pineapple	01	
60.	Jackfruit	01	
61.	Cauliflower	01	
62.	Cabbage	01	
63.	Corn	01	
64.	Baby Corn	01	
65.	Sheringham's valve	01	
66.	Tobin's tube	01	
67.	Ellison's brick	01	
68.	Louvre's ventilator	01	

SPECIMENS - 112

SI No	Name of Equipment	Number Available	Remarks
1.	Castor Seeds	50gm	
2.	Sun Flower Seeds	50gm	
3.	Asafoepida	50gm	
4.	Raagi	50gm	
5.	Mahakaya	50gm	
6.	Masura	50gm	
7.	Bajara	50gm	
8.	Tuvarak	50gm	
9.	Shaali	50gm	
10.	Raktashali	50gm	
11.	Chanak	50gm	
12.	Shastikashali	50gm	
13.	Maasha	50gm	
14.	Jeerak	50gm	
15.	Clove	50gm	
16.	Nisphav	50gm	
17.	Makustaka	50gm	
18.	Kalaya	50gm	
19.	Rajamasha	50gm	
20.	Tila (White)	50gm	

21.	Tila (Black)	50gm	
22.	Kulattha	50gm	
23.	Salt	50gm	
24.	Jaggery	50gm	
25.	Turmeric	50gm	
26.	Safflower seeds	50gm	
27.	Mustard	50gm	
28.	Pepper	50gm	
29.	Long pepper	50gm	
30.	Linseed	50gm	
31.	Italian millet	50gm	
32.	Cardomom	50gm	
33.	Cinnamon	50gm	
34.	Tamarind	50gm	
35.	Mudga	50gm	
36.	Soyabean	50gm	
37.	Wheat	50gm	
38.	Jowar	50gm	
39.	Little Millet	50gm	
40.	Yava	50gm	
41.	Tea powder	50gm	
42.	Coffee	50gm	
43.	Ground Net	50gm	
44.	Putani	50gm	
45.	Almond	50gm	
46.	Chashew nut	50gm	
47.	Dry grapes	50gm	
48.	Walnut	50gm	
49.	Pistachio	50gm	
50.	Shunti	50gm	
51.	Coconut	01	
52.	Garlic	50gm	
53.	Dates	50gm	
54.	Honey	01 Bottle	
55.	Tila Taila	01 Bottle	
56.	Udvardana Churna	50gm	
57.	Nimba Kashta	05	
58.	Anu Taila	01 Bottle	
59.	Dhoomavarti	01	
60.	Tambula	01	
61.	Yashti Madhu Kashta	05	
62.	Trikatu churna	50gm	
63.	Triphala Churna	50gm	
64.	Multani Mitti	50gm	
65.	Krishna Mruttika	01 Bottle	
66.	Dhoopa	01 Box	
67.	Milk	01 Packet	
68.	Milk Powder	01 Packet	
69.	Ghee	01 Packet	
70.	Egg	01	
71.	Sugar	50gm	
72.	Jalaneti Yantra	02	
73.	Sutra neti	02	
74.	Vastra Dhauti	02	
75.	Candle	02	
76.	Basti Yantra	01	
77.	Rabies vaccine	01	
78.	Hepatitis B vaccine	01	
79.	DPT Vaccine	02	
80.	Polio sabin Vaccine	01	
81.	MMR Vaccine	01	
82.	Typhoid Vaccine	01	

83.	Measles Vaccine	01	
84.	BCG vaccine	01	
85.	Oral contraceptives	02	
86.	Injeectables contraceptive	01	
87.	Nirodh	02	
88.	Copper T	01	
89.	Antitubercular Drugs	02	
90.	Antileprosy Drugs	01	
91.	Gunja seeds	50gm	
92.	Vidanga	50gm	
93.	Tankana	50gm	
94.	Halogen Tab	04	
95.	Kataka Beeja	10	
96.	Aluma	50gm	
97.	Pottassium Permanganate	01 Box	
98.	Bleaching powder	01 Box	
99.	Dettol	01	
100.	Savlon	01	
101.	Formalin	1 Bottle	
102.	Copper sulphate	01 Bottle	
103.	Slides of spacing methods of Contraception	20	
104.	Slides of Tubectomy procedure	20	
105.	Slides of balanced Diet	20	
106.	Slides of Tuberculosis	10	
107.	Slides of Malaria	10	
108.	Slides of Cholera	10	
109.	Slides of Environmental sanitation	20	
110.	Slides of Immunization	20	
111.	Slides of Mother craft	20	
112.	Slides of Baby care	20	

OTHERS

SI No	Name of Equipment	Number Available	Remarks
1.	Table with cupboards	02	
2.	Cushion chair	02	
3.	Treasury	01	
4.	Wooden Rack	02	
5.	Steel Rack	02	
6.	Stool (Plastic)	02	
7.	Fiber chair	04	
8.	Big plastic vessels	03	
9.	Carpets	02	
10.	Plastic bowl	06	
11.	Display Jars	50	
12.	Round Jar	30	
13.	Departmental Library Books	53	
14.	Tray	02	
15.	Fan	02	
16.	Tube Light	04	
17.	Iron cupboard with Glass doors	01	
18.	Notice Board	01	
19.	Sink with running water tap	01	
20.	Dust Bin	02	
21.	Door Mats	02	
22.	Yoga Mats	14	
23.	Computer with printer	01	