

A COMPREHENSIVE REVIEW ON KASANTAKA RASA ON IT'S KASAGNA ACTION

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ABSTRACT

Rasashastra ( Indian alchemy) forms the basis of ayurvedic pharmaceuticals. It contains information about preparation of medicines from metallic and mineral origin. The present work will highlight the ingredients, actions, preparation of Kasantaka rasa on disease Kasa which is mentioned in Bhaisajyaratnavali in Kasarogadikara. Kasantaka rasa is a form of Khalviyarasayana, it is a combination of metallic, mineral and herbal preparation, which are easily accessible and a simple method of preparation hence an effort is made to review Kasantaka rasa for its Kasahara property.

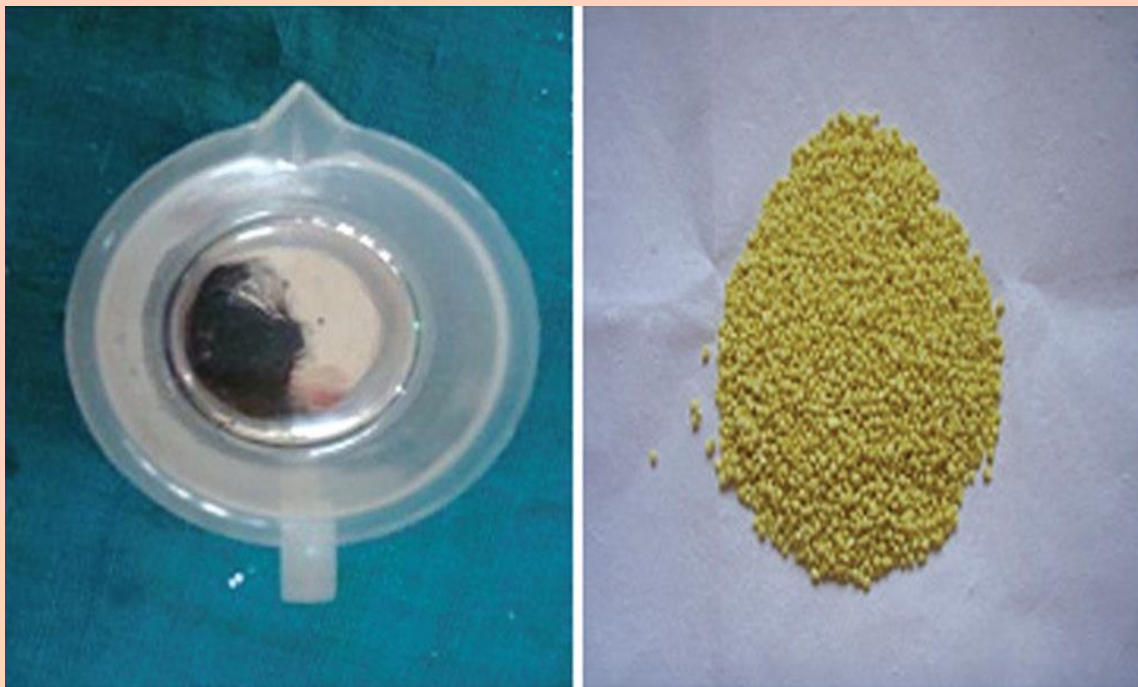
METHOD OF PREPARATION

- Shuddaparada and Shuddagandaka are taken in clean khalvayantra.
- Kajjali is prepared by using both the drugs by thorough trituration.
- Later all the mentioned ingredients are taken in fine powder form.
- All the fine powders are added one by one and triturated till we get homogeneous mixture.
- After obtaining homogeneous mixture, required quantity of water is added and triturated further to prepare required size and shape of tablets and they are stored in air tight container

Results

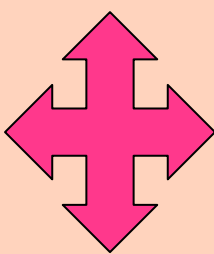
After homogeneous mixture of all the herbal drugs with kajjali, the final product obtained was kajjali.

IMAGES

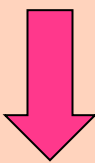


Shuddha Parada

Shuddha Gandhaka



Kajjali



Shalparni



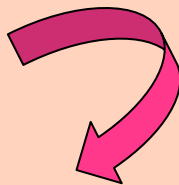
Maricha



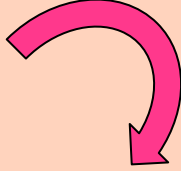
Vatsanabha



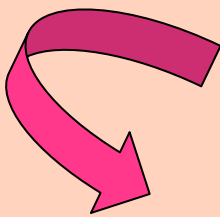
Dhanyanka



PREPARATION OF CHURNA



CHURN  
A +  
KAJJAL  
I



Vati Preparation



KASANTAKA RASA

DISCUSSION

Kasantaka rasa is indicated in Kasa and Swasa. This formulation contains six drugs out of which almost all the drugs are of ushna veerya. Most of the drugs are Vatakaphahara and Tridosahara which helps to cure the ill effects caused by Kasa and Swasa. The Kasanata rasa is having kasagna property and the symptoms like Aruchi (anorexia), Mandagni, Dourbalya, Moha, Trishna, Daha is well tackled by ingredients of Kasantaka rasa

Conclusion

Kasanata rasa is one of the formulation mentioned in the treatment of Kasa explained in Bhaisajyaratnavali in Kasarogadikara. It contains six ingredients which are easily available and the formulation is palatable and als the method of preparation is easy which may encourage the physician to use the formulation in Kasa.